

## Three-Night HILS 3&4 Workshop

### Stop-at-Nothing

at

Well Being Retreat Center – Sep 20 - 24, 2021

### Accommodation Policies

1. Register first with Stop at Nothing for Tuition and then with Well Being Retreat Center for Accommodations (meals and lodging).
2. All group sessions will be held in the 1,800 square foot open-air Powell River Pavilion on the banks of the river.
3. Accommodation rates are **per person**.
4. Accommodations are assigned on a first-come, first-served basis.
5. **Amenities:** Each Cabin has heat, electricity, a full bathroom, a refrigerator and kitchenette. Sheets, towels and linens are provided. (Please see Well Being's COVID-19 Policies for more details of Well Being's extensive room cleaning procedures.)
6. **Meals:** All meals will be served in the Open-Air Powell River Pavilion. Supper Monday evening through Thursday breakfast (plus takeaway lunch) will be provided as well as snacks throughout. These meals will be non-vegetarian with vegetarian options available at each meal (vegetarian options may include organic eggs and some organic dairy. The meals will be freshly prepared, mostly gluten-free. Drinks (coffee, teas, and lemon ginger water) will be provided throughout the event. (Please see Well Being's COVID-19 Policies for more details about meal prep and meal service.)
7. **Special Needs:** Well Being Retreat Center is located in a rural/rustic hilly setting and is not suitable for people having special mobility requirements. Well Being Foundation will not prepare special meal items for any Attendee. If any Attendee requires or prefers special foods, the cabins have refrigerator and small cooking areas which the Attendee can use to store and prepare such foods.
8. **Housing cancellations** 30 days or less prior to the starting date of the event: no refund of housing fees. 31 days or more prior to the event are subject to a \$50 per person processing fee. However, you will receive a full refund if you are sick or have closely tended someone who is sick with COVID-19.
9. Directions and more information will be included with the lodging confirmation and sent to you by email.

10. **Yogi Chores:** During the retreat, you will be asked to “pay it forward” by making the bed for the next occupant using clean linens provided. There will be no kitchen Yogi Chores on this retreat.
11. All guest rooms and meeting rooms are non-smoking. Pets, firearms, and illicit drugs are not permitted on the premises.
12. Payment is due in full at time of registration for your Accommodations.
13. When we receive your payment and registration information, Well Being Foundation will confirm receipt by e-mail.

**We hope you enjoy your stay at Well Being Retreat Center.**