

Inner Stability and Freedom - Retreat

with Leslie Rawls

at

Well Being Retreat Center – October 27 – October 30, 2020

Accommodation Policies

1. Register with Well Being Retreat Center for accommodations.
2. Accommodation rates are **per person** for the for meals and lodging. Choose to register for the 3-night entire retreat or register for the 2-night option beginning with Friday supper
3. If you have any questions about lodging, please contact Patty@WellBeingCC.org or at 423-626-9000.
4. **Amenities:** Each Cabin has heat, electricity, a full bathroom, a refrigerator and kitchenette. Cabinettes are one room, ceiling fan, small floor heater with 2 beds each and a small refrigerator. Camping with your Tent is on a fairly level, mowed pasture along the river or use one of Well Being's 3-sided AT style shelters with bathrooms and hot showers nearby. Sheets, towels and linens are provided for Cabins and Cabinettes, but not for Camping option.
5. **Special Needs:** Well Being Retreat Center is located in a rural/rustic hilly setting and is not suitable for people having special mobility requirements.
6. **Housing cancellations** 30 days or less prior to the starting date of the event: no refund of housing fees. 31 days or more prior to the event are subject to a \$50 per person processing fee. If you contract Covid or have been exposed to someone who has Covid immediately before the event, you will receive your payment back in full.
7. Directions and more information will be included with the lodging confirmation and sent to you by email.
8. Check-in begins at 4:00 pm on Thursday October 27, 2022 and the retreat ends on Sunday October 30th by 2:00 pm. If you would like to arrive earlier or stay later, please make those arrangements with Patty@WellBeingCC.org in advance.
9. **Yogi Chores:** If the pandemic has receded to the extent (in the sole opinion of Well Being Retreat Center) and the main Conference Building is used for meals, you will be asked to help with "Yogi Chores," which will be helping with kitchen clean-up for up to 2 total hours during the retreat.

10. All guest rooms and meeting rooms are non-smoking. Pets, firearms, and illicit drugs are not permitted on the premises.
11. Payment is due in full at time of registration for your 1st choice of accommodations.
12. When we receive your payment and registration information, Well Being Foundation will confirm receipt by e-mail.

We hope you enjoy your stay at Well Being Retreat Center.