

“Riding the Wave of Life” Retreat

with Leslie Rawls

at

Well Being Retreat Center – October 24 – October 27, 2024

Accommodation Policies

1. Register with Well Being Retreat Center for accommodations.
2. Accommodation rates are **per person** for the for meals and lodging. Choose to register for the 3-night entire retreat or register for the 2-night option beginning with Friday supper
3. If you have any questions about lodging, please contact patty@wellbeingcc.org or at 423-626-9000.
4. **Amenities:** Each Cabin has heat, electricity, a full bathroom, a refrigerator and kitchenette. Cabinettes are one room, with 2 extra-long twin beds, a ceiling fan, a small floor heater, and a mini-fridge. Camping with your Tent is on fairly level, mowed pasture along the river or use one of Well Being’s 3-sided AT style shelters with bathrooms and hot showers nearby. Sheets, towels, and linens are provided for Cabins and Cabinettes, but not for Camping option.
5. **Special Needs:** Well Being Retreat Center is located in a rural/rustic hilly setting and is not suitable for people having special mobility requirements.
6. **Cancellation and Refund Policy** If you cancel 15 days or less prior to the starting date of the event: no refund of housing fees. If cancelled 16 – 30 days prior to the start of the event, 50% refund. If cancelled more than 30 days prior to the dtart of the retreat, then \$75 administrative processing fee. If you contract Covid or have been exposed to someone who has Covid within 5 days before the start of the event, you will receive your payment back in full.
7. Directions and more information will be included with the lodging confirmation and sent to you by email.
8. Check-in begins at 3:00 pm on Thursday October 24, 2024 and the retreat ends on Sunday October 27 by 2:00 pm. If you would like to arrive earlier or stay later, please make those arrangements with Patty@WellBeingCC.org in advance.
9. Yogi Chores: You will be asked to help with “Yogi Chores,” which will be helping with kitchen clean-up for up to 2 total hours during the retreat.

10. All guest rooms and meeting rooms are non-smoking. Pets, firearms, and illicit drugs are not permitted on the premises.
11. Payment is due in full at time of registration for your 1st choice of accommodations.
12. When we receive your payment and registration information, Well Being Foundation will confirm receipt by e-mail.

We hope you enjoy your stay at Well Being Retreat Center.