

Well Being Retreat Center

A Sacred Hug

with Alaya and Corrine

at Well Being Retreat Center

April 1–4, 2027

Cancellation & Accommodations Policies

1. Register with Well Being Retreat Center for accommodations.
2. Accommodation rates are per person for meals and accommodations and are assigned on a first-come, first-served basis.
3. Payment is due in full at the time of registration.
4. **Amenities:**
 - **Cabins** have heat, air conditioning, electricity, a full bathroom, a refrigerator and kitchenette. Towels and linens are provided.
 - **Cabinettes** are one room with two extra-long twin beds, ceiling fan, small floor heater, and a mini-fridge. Bathroom and shower facilities are located nearby in the Conference Center which is open 24/7. Towels and linens are provided.
 - **Tent Camping** option available along the river in a mowed and fairly level pasture or in single AT Shelters. Bathrooms & hot showers are a short walk away. **Camping will require you to bring your own camping gear and towels.**
5. **Special Needs:** Well Being Retreat Center is located in a rural/rustic hilly setting and is not suitable for people who have special mobility requirements.
6. **Meals:** Well Being will provide meals beginning with supper on Thursday evening through Sunday lunch, as well as snacks throughout. Meals will include meat and fish options. A vegetarian and vegan option will be offered at each meal. **If you have special dietary needs beyond these options, please plan to bring and prepare these foods in your cabin.**

7. Cancellation:

Cancellation Window	Refund
14 days or less before the event	No refund
15–30 days before the event	50% refund
31 days or more before the event	Full refund minus \$75 per person processing fee

8. A retreat welcome email will be sent one week prior to the start of the retreat with directions and all details needed for your arrival and stay.

9. Check-in is from 3:00 pm to 5:00 pm on Thursday, April 1, 2027. The retreat ends with lunch on Sunday, April 4, 2027.

10. Yogi Chores:

You will be asked to do kitchen clean-up after meals during the retreat for about 2 hours total. For many retreat attendees, kitchen comradery is a meaningful aspect of the retreat.

11. All guest rooms and meeting rooms are non-smoking. Pets, firearms, and illicit drugs are not permitted on the premises.

12. When we receive your payment and registration information, Well Being Foundation will confirm receipt by e-mail. If you do not receive a confirmation, please contact Heather at registration@wellbeingfoundation.org to confirm that your registration and payment have been received.

We hope you enjoy your stay at Well Being Retreat Center.