

Four-Night Retreat with
with Jim Newman
at
Well Being Retreat Center – May 22-26, 2025
Accommodation Policies

1. Register with Well Being Retreat Center for tuition and accommodations.
2. Sessions and meals for this event will be held indoors at Well Being's main Conference Building. Alternatively, some sessions may be held at the open-air Powell River Pavilion on the banks of the river.
3. Accommodation rates are **per person**.
4. Accommodations are assigned on a first-come, first-served basis.
5. **Amenities:** Each Cabin has heat, electricity, a full bathroom, a refrigerator and kitchenette. Cabinettes are one room, ceiling fan, small floor heater and a small refrigerator. Bathrooms for the Cabinettes are in the Conference Building a very short walk away. Tent Camping is on a fairly level, mowed pasture along the river with bathrooms and hot showers nearby. AT Style Shelters are also available as a no-tent Camping option. Towels and linens are provided for Cabins and Cabinettes, but not for camping options. Chickadee, Kingfisher and the Tiny Houses are considered "Private Cabins."
6. **Meals:** All meals will be served in the Main Conference Building. Supper Thursday evening through Monday lunch will be provided as well as snacks throughout. These meals will be non-vegetarian with vegetarian options available at each meal. Vegetarian options may include organic eggs and some organic dairy. The meals will be freshly prepared, mostly gluten-free. Drinks (coffee, teas, and lemon ginger water) will be provided throughout the event.
7. **Special Needs:** Well Being Retreat Center is located in a rural/rustic hilly setting and is not suitable for people having special mobility requirements. Well Being Foundation will not prepare special meal items for any Attendee. If any Attendee requires or prefers special foods, the cabins have refrigerator and small cooking areas which the Attendee can use to store and prepare such foods.
8. **Housing cancellations**
 - 14 days or less prior to the starting date of the event: no refund.
 - 15-30 days prior to the event: 50% refund.

- 31 days or more: a full refund less a \$75 per person processing fee.
9. **Driving Directions** and more information will be included with the lodging confirmation and sent to you by email.
 10. **Yogi Chores:** During the retreat, you will be asked to help with kitchen Yogi Chores for about 2 ½ hours total during the retreat. Also, you will be asked to make your bed for the next occupant using clean linens provided.
 11. All guest rooms and meeting rooms are non-smoking. Pets, firearms, and illicit drugs are not permitted on the premises.
 12. Payment is due in full at time of registration for your 1st choice of accommodations.
 13. When we receive your payment and registration information, Well Being Foundation will confirm receipt by e-mail.

We hope you enjoy your stay at Well Being Retreat Center.