

“A Well Being Feast” Retreat

with Camille Watson & Patty Bottari

at

Well Being Retreat Center – January 30 - February 1, 2020

Accommodation Policies

1. Register with Well Being Retreat Center for accommodations and program tuition.
2. Accommodation rates are **per person** inclusive of meals, lodging & tuition for the entire two-day event.
3. If you have any questions about lodging, please contact Patty@WellBeingCC.org or at 423-626-9000.
4. **Amenities:** Each Cabin has heat, electricity, a full bathroom, a refrigerator and kitchenette. Cabinettes are one room, ceiling fan, small floor heater with 2 beds each and a small refrigerator. Tent Camping (or AT Shelter Camping) is on a fairly level, mowed pasture along the river with bathrooms and hot showers nearby. Sheets, towels and linens are provided for Cabins, Tiny Houses and Cabinettes, but not for Camping option.
5. **Special Needs:** Well Being Conference Center is located in a rural/rustic hilly setting and is not suitable for people having special mobility requirements.
6. **Housing cancellations** 30 days or less prior to the starting date of the event: no refund of housing fees. 31 days or more prior to the event are subject to a \$50 per person processing fee.
7. Directions and more information will be included with the lodging confirmation and sent to you by email.
8. **Check-in** begins at 1:00 pm on Friday January 30, 2020 and the retreat ends on Sunday February 1st by 2:00 pm. If you would like to arrive earlier or stay later, please make those arrangements with Patty@WellBeingCC.org in advance.
9. **Yogi Chores:** During the retreat, you will be asked to help with “Yogi Chores,” which will be helping with kitchen clean-up for up to 1-1/2 total hours during the retreat. You will also be asked to “pay it forward” by making the bed for the next guest upon departure.
10. All guest rooms and meeting rooms are non-smoking. Pets, firearms, and illicit drugs are not permitted on the premises.

11. Payment is due in full at time of registration for your 1st choice of accommodations. If your 1st choice is not available, Patty will contact you and your lodging cost will be adjusted accordingly.

12. When we receive your payment and registration information, Well Being Foundation will confirm receipt by e-mail.

We hope you enjoy your stay at Well Being Retreat Center.